

POLO GROUNDS TOWERS COVID-19 RESOURCES GUIDE

WE'RE HERE FOR YOU! OUR TEAM IS DELIVERING FREE PACKAGES OF FOOD AND SUPPLIES WHILE RESOURCES LAST. VISIT HOODSAFETY.ORG (EN ESPAÑOL: WWW.BARRIOSSEGUROS.ORG).



DOMESTIC VIOLENCE & CONFLICT RESOLUTION

Institute for Mediation and Conflict Resolution

IMCR is using the online video conferencing site Zoom (zoom.us), to offer a full catalogue of services. Visit their website at: <https://www.imcr.org/>

Family Justice Centers (FJCs)

The FJCs are temporarily closed, however they are providing guidance on immediate safety planning, shelter assistance, community resources, and center updates.

NYC Family Justice Center, Manhattan: Call 212-602-2800 Monday-Friday, 9am-5pm

NYC Hope

Provides help for people that are experiencing domestic violence

Visit the website for more information: <https://www1.nyc.gov/nycchope/site/page/home> or call 1-800-621-4673 (HOPE)

Safe Horizon's Citywide Helpline

NYCHA tenants seeking assistance and support can be referred to Safe Horizon's Community Program Helpline - **Call 1-855-234-1042**



EMPLOYMENT

New York State Department of Labor

Unemployment office

Visit the website for more information: <https://labor.ny.gov/unemploymentassistance.shtm> or Call 1-888-209-8124.



FOOD & MEALS

DOE Food Hub Sites

Daily, 7:30-11:30am for children and families, 11:30am-1:30pm for adults. All adults and children can pick up 3 meals at one time.

PS 46: 2987 Frederick Douglass Blvd (2 Min Walk)

Food Pantries Nearby

Polo Grounds Senior Center: 2965 Frederick Douglass Blvd, Tues & Thurs at 12pm

Boys & Girls Club: Providing a box of food and 3 prepared meals every Friday at 11am

Father Creavin's Food Pantry: 276 W 151 St (8 Min Walk),

Tuesdays 08:30 - 10:30 am—Call (212) 281 2100

Catholic Charities Community Services, Archdiocese Of NY: 159-36 Harlem River Drive (10 Min Walk),

Open Daily 10am - 5pm—Call (212) 491-5400

Community Kitchen and Pantry in Harlem

All are welcome for a free, delicious, wholesome meal on weekday evenings at our Community Kitchen. We use fresh herbs from our herb & vegetable garden when in season. No registration or ID required.

Community Dinner:

Monday – Friday, 4:30pm – 6:00pm,

252 West 116th Street, New York, NY 10026

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FOOD & MEALS

Food Pantries that Accept Reservations / Pre-Orders

Providing food distribution at:

**Community League Of The Heights: 508 West 159th Street (12 Min Walk),
Tuesday, Wednesday, Thursday: 9am-1pm / Sat: 9am-11am— Call (212) 795-4779**

NeON Nutrition Kitchens

Distributing food at the Manhattan location. Make sure to call before you go

**Manhattan: 302 West 124 Street @ Living Redemption Youth Opp. Hub,
Wednesday & Friday, 1pm - 4pm— Call (917) 809-8990**



PUBLIC BENEFITS

Human Resources Administration (HRA)

For help with Cash Assistance, SNAP benefits, Medicaid, shelters, and other services.

**Residents can request help from HRA MAP Outreach Supervisor Dennis Flores
using this form: <https://tinyurl.com/HRAMAP/>**

Residents can also reach out to Dennis at floresd@dss.nyc.gov or (646) 630-4642.

Residents may also apply independently through ACCESS HRA

Visit Website: <https://a069-access.nyc.gov/accesshra/>

or contact the HRA Info Line: (718) 557-1399



SENIOR SUPPORT

DFTA

Community Advocates can connect seniors and caregivers to food resources, legal assistance, counseling on Medicare, caregiver services, elder abuse support, and mental health counseling.

Contact Grant Cruz at (917) 618-1786 or grcruz@aging.nyc.gov, or call 212-AGING-NYC.



YOUTH

Madison Square Boys and Girl Club

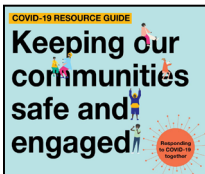
Youth Programming.

For more information contact Jason Garcia at 212-653-1521

Police Grounds Cornerstone, Police Athletic League Inc

Virtual PaINYC contains a wide range of educational and interactive designed to engaged participants in fun virtual activities mimicking our after school day. Young and old will have fun going on virtual field trips and partaking in sports & art challenges.

For more information contact Maria Rosa at 646-707-0145.



NYC COVID-19 RESOURCES GUIDE

In times like this we want to be here for you.

Please find a comprehensive citywide resource guide that offers you an overview of services available:

[NYCCOVIDRESOURCEGUIDE.ORG](https://nycovidresourceguide.org)