

My community is healthy & well when:

communities have an equitable opportunity to live their healthiest life free from structural barriers

neighbors know each other's names

we can become aware of the mental health issues

the community voices are heard

We see each other as humans

our needs are being met

residents are recognized, positioned, and resources to be the health experts that other community members can turn to

Youth are centered in civic engagement

when LOVE WORKS!

when everyone has access to affordable healthy food

children are vaccinated and everyone has access to healthcare

when we help each other out

we work together to take care of one another

when the elderly can walk around safely

My community includes:

People using parks spaces, open spaces

youth

Farmers

MAP program

A bigger and brighter light in the future

District# 8 Assembly Office - Reyes

Youth, Adults and Seniors

Open Space, Parks, Community Gardens

Better daycare and youth programs with physical fitness/wellness

families

Dreamers and Doers of All Ages!

Neighbors

unity

Benches and parks

Peoples of different abilities

This is important because:

community is recognized as experts

Unity is necessary to move forward

To better us now and plans for the greatest tomorrow

In order to dismantle systemic racism and oppression

To establish a sense of well-being and belonging

To keep the community safe and clean

Health = wealth = justice

To help everyone THRIVE

Bring people together

we lean on each other

Help fight generational trauma

We get to design and co-create our evolution

Are there new strategies we should consider?

Food education workshops

More info on vaccination and where people can get theirs

for residents to call for access to more info

Zoom for youth, adult and senior domestic violence

Trauma and healing - talk about and utilize tools for generational trauma

Healthy relationship capacity training needs to be at the core of what is done

Further investment in emergency planning and mutual aid groups

Community policing and advanced social services teams

More Educational programs for youth and adults

Implementing community fridge

For those who suffer from trauma in any case, its important to focus on trauma

Focus on prevention at early stages (middle school, high school) - different modalities for different age groups

Have social workers to work with families who identify as having family members who are drug abusers

Government do deep listening to community members about what they need, what works where they are, what and who is missing from the plans

**WHAT IS
POLICY?**

**HOW DOES
MAPPING
YOUR WORK
BUILD
POWER?**

**HOW WILL
YOU
CELEBRATE +
WIN?**

**WHAT IS
POLICY EVENT
ANALYSIS?**

**HOW DOES
MAPPING
YOUR WORK
CREATE
CHANGE?**

**HOW DO
YOU KEEP
GOING?**

**CREATE
ADVISORY
COUNCIL**

**IDENTIFY
THE
SPACE**

**TAKE
RESIDENTS TO
VISIT OTHER
FARMS IN THE
CITY**

**MEET
WITH
COUNCIL
PERSON**

**HAD 3
MEETING
WITH
RESIDENTS**

**MET WITH
GREEN CITY
FORCE +
VISITED A
NYCHA FARM**

**A COMMUNITY
FARM IN
BUSHWICK**

**HAD DANCE
PARTY IN AN
OPEN SPACE**

**DID A COOKING
DEMO OUTSIDE
WITH FRESH FRUITS
AND VEGETABLES**

community meetings

enrolled 2nd cohort of participants

needs assessments w residents

wagner delivered fresh foods

put up flyers

1 on 1 conversations

speak in our TA meetings on what is going on

counsel people

had a group meeting

make sure the elderly are well-informed

movie nights on the basketball courts

virtual phone texts to make everything happen - reminding people

text blasts

planned a full day series of presentations between GCF and NYCHA leadership on sustainability and health

voting sign up picnic

BBQ w bullhorns!
Lots of vendors.

attended and supported other peoples' events to show love and support and build trust

used cell phone to take down information

checked on them weekly and throughout the week

filled out the form every week

all of these steps to make sure there was continuous food delivery

sent the information to MAP

led to residents getting help in other areas - rental assistance. made sure people were connected to other services.

WAGNER FOOD DISTRIBUTION - HOW TO FILL OUT THE FORMS

Health + Well-being

Low Impact

High Impact

- Movie night!
- Voting sign-up picnic
- Text blasts to show up for meetings
- Planned a full-day series of presentations and discussions between Green City Force Corps Members and NYCHA staff/leadership on topics related to health and sustainability
- Make sure elderly are well-informed
- Meet with our Council people
- Had an outdoor ribbon cutting event in sub-zero weather that left everyone energized and excited
- Speak in our group meetings to update
- Needs assessment with the residents
- Enrolled 2nd cohort of participants
- 1:1 Conversations
- Put up flyers
- Wagner delivered fresh food to seniors
- Community Meetings

High Effort

Low Effort

1

2

Fill out forms every week

3

4

Sent info to MAP

Use cell phone to take down info

checked on them weekly and throughout the week

Low Impact

High Impact

High
Effort

Discard

Challenging

Low
Effort

Possible

Implement

