Working Group #1 - Health & Wellbeing

February 24, 2021 - 4-6pm

Notetaker: Devin



### **NStat Summit Takeaways**

Everyone absolutely loved it - they felt a little exhausted before hand but the Summit gave them the
excitement and energy to keep going

# **Envisioning Activity (Jamboard)**

- My community is healthy and well when...
  - Youth and elderly are vaccinated, respected, and given the platforms to raise their voices.
  - When the streets are safe for the elderly.
  - When neighbors know each other's names.
  - When mental health is destigmatized and accepted.
  - When our needs are being met
  - When love works.

## My community includes:

- Youth, Adults, and Seniors
- Gardeners and farmers
- o Parks, open space, community gardens
- o Dreamers and Doers of All
- Better daycare and youth programs
- o Benches and parkers and better infrastructure

## • This is important because:

- The community = experts
- Health = wealth = justice
- The community can design and co-create their evolution
- o To better us now and plans for the greatest tomorrow
- o To keep the community safe and clean

#### Health and Wellbeing - New Strategies (Jamboard)

- Food education workshops
- More info and locations for vaccines
- Tools for generational trauma
- Healthy relationship training
- Investment in emergency planning & mutual aid groups
- Community policing & advanced social service teams
- More educational programs for youth and adults
- Community fridges
- Focus on prevention
- Government to do deep listening with community members
- Social workers who can be supportive for families with drug abusers

#### **Policy Event Analysis**

- Activity (<u>Jamboard</u>)
  - General Notes:
    - Movie screening
    - Voting sign-up picnic
    - Make sure elderly are well-informed

- Planned a full-day series of presentations and discussion between GCF Corps Members and NYCHA staff/leaders on topics related to health and sustainability
- o High Impact High Effort:
  - Fill out forms every week
- o High Impact Low Effort:
  - Sent info to MAP
  - Use cell phone to take down info
  - Checked on them weekly and throughout the week

WG #1 Impact + Effort (<u>Jamboard</u>)